LIVE UNITED

## UNITED WAY DAY OF CARING FOOD DRIVE LIVE UNITED

## **MOST WANTED ITEMS:**

- CANNED PRODUCE Spinach, mixed veggies, tomatoes, tomato sauce, fruit packed in water
- WHOLE GRAINS Quinoa, Rice: long grain and brown Pasta: whole grain or gluten free Cereal: low and no sugar, instant oatmeal
- CANNED PROTEINS Tuna, chicken, pork all kinds of beans
- **PREPARED MEALS** Low-sodium soups and stews, pop-top meals for kids, kid friendly healthy snacks
- DRIED MEAT & BEANS Dried kidney, pinto, navy beans, split peas, lentils
- MILKS Powdered and shelf-stable milk

## September 14, 2018 10 a.m. - 5 p.m.

## Drop-off site: 2121 Spar Avenue

Cash donations are welcome checks payable to Food Bank of Alaska



**United Way of Anchorage** 

Need more information? Call 263-3828